



TR3 - WIRELESS ACTIVITY TRACKER WITH OLED TOUCH DISPLAY



GETTING STARTED

- Remove the device from the box.
- Remove any packaging from the product.
- Please retain all packaging until you have checked and counted all the parts and the contents against the parts list.

PACKAGE CONTENTS

- Everlast™ Activity Tracker
- USB charging cable
- Instruction Manual
- Warranty Card

KEY FEATURES

- Bluetooth® Low Energy (BLE) 4.0
- Digitally Track steps, calories burned, activity time and daily goal % with simple one tap
- Sync wirelessly via Bluetooth® to your BLE 4.0 mobile device
- Shows time and date
- View your data on app to monitor your progress & set goals
- Auto Sleep function can monitor your sleep hours and quality
- Call & Text notification
- Clock Alarm and Activity Alarm with quiet vibration
- App available in Apple APP store and Google Play Store
- Water resistant compact design
- Dual color bracelet and convenient for charging

HOW TO GET STARTED

Step 1 – Activating the device

To save the battery, Everlast™ Activity Tracker arrives to you in hibernation mode. For first use, you need to connect the device with USB charging cable to your computer to activate the device.

A progress bar will run from empty to full, indicating activation as below.



Note: Your device may not arrive fully charged. You're recommended to charge your device fully before its first use. It takes about 2 hours to fully recharge the device and works for 5-7 days, but actual battery life varies based on individual handling. Even if the Tracker is not in use, please charge the battery at least once a month to prolong battery life.

Step 2 – Install APP on your mobile device

For smart phone users, search EVERLAST TR from Google Play and Apple APP Store to download the application.

Step 3 – Pairing & Setting up personal information

Mobile device requirements
You can setup and sync your Activity Tracker using mobile devices that support Bluetooth® 4.0 technology.

Supported iOS Devices –

- iPhone 4S
- iPhone 5, 5S, 5C, 6, 6 Plus, 6S
- iPod Touch (5th Generation)
- iPad 3, iPad 4, iPad Air
- iPad Mini

Supported Android Devices –

- Samsung Galaxy S3, S4, S5, S6
- Samsung Galaxy Note III
- Nexus 4 and 5
- Nexus 7 (2013)

Note: Please ensure that your iOS is version 7.0 and Android OS is version 4.3 or above and the device has Bluetooth 4.0 ; however, the tracker is not compatible with Android Tablets.

When you use iPad to search app, please ensure that For iPhone use is checked in the searching condition. Note:

DEVICE SETUP USING MOBILE DEVICE – IOS & ANDROID

Unlike most Bluetooth® accessories like headsets or speakers, your Bluetooth® Activity Tracker must be paired directly through the EVERLAST TR app, and not through the “settings” icon on your mobile device, but please ensure your smart phone Bluetooth® is On.

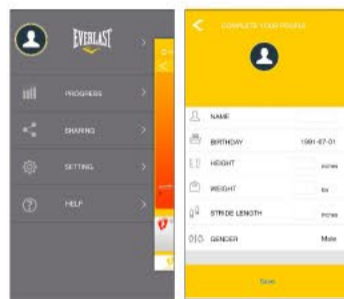
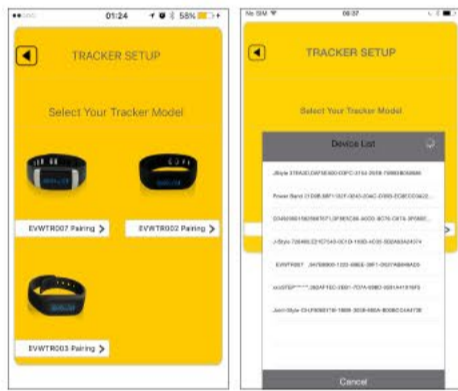
Bluetooth® Activity Tracker is always on bluetooth pairing mode by default.

For First time pairing and setting up your device, follow below steps –

1. Open the app and select model EWTR003 to pair with your device in the Bluetooth® search list. Your device time will be synced automatically upon successful pairing.

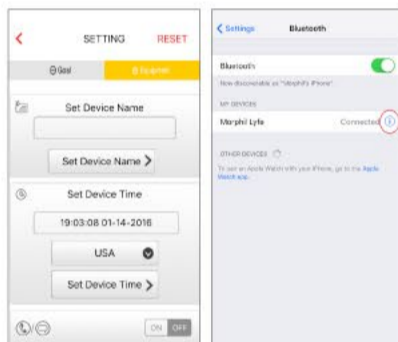
For the first use, you can ignore to sync the data.

2. After Bluetooth® is connected and you are in the ACTIVITY page, complete your profile and then slide your app from the left edge of your mobile screen to right to open the MENU page, and you can touch the head portrait to complete your profile.



3. From the menu you can touch SETTINGS to access the SETTINGS page. Here you can set your tracker name and tracker time in USA or Euro/Asia format, the metric and imperial unit will be switched accordingly.

For call and text notification, you need to switch the corresponding button on the app to the ON or OFF position accordingly. In order to switch notifications completely off on iPhone, you will also need to access your device's Bluetooth setting page to forget your tracker; this step is not necessary for Android smart phone.



4. Tap on Goal in the SETTINGS page and you can set your daily goal type for step, calories burned or distance separately, and it will work for one goal type only at one time.



5. Tap on Reset and this would erase all data in the tracker, and the tracker will back into Factory Setting / Hibernation mode.

Step 4 – Tracking activity

Your device tracks

- Steps Taken
- Calories Burned
- Distance traveled
- Activity Time
- Sleep Hours and Quality

Display modes on your Activity Tracker

Your Everlast™ Activity Tracker has a Fixed Point touch button. You can browse the display by tapping the touch button continuously.



TIME/DATE/BATTERY



To conserve battery, the display turns off when the device is not in use for 5 seconds. To activate the screen, tap the button once.

Tracking Activity on your mobile device

Within the mobile application, tap the orange part on the Menu to access the ACTIVITY page, tap the Start button to have the app detect your real time activity like steps, calories burned, distance walked, activity time and daily goal. Tap the Stop button you can view your historical activity data. To view data from past dates simply tap the back arrow to the left of the date. If you connected your tracker to your mobile application before, or if Bluetooth® is disconnected, just click the Bluetooth® icon on the top right of the application and your tracker will pair with the app right away.



To view weekly, monthly or yearly progress on your iOS or Android device

1. Tap the PROGRESS button in the main menu.
2. Tap the week button and check your activity progress weekly, monthly or yearly by pressing the appropriate button from the dropdown menu.



Tracking Sleep with Everlast Activity Tracker

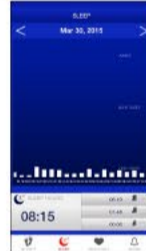
The tracker has a built in 3D motion sensor which judges your sleep status by your movement. Take your device to sleep and your device can track the hours you slept and your sleep pattern, while if you leave it on the table for long time you need to wake it up firstly from sleep.

Tracking sleep data on your mobile device

You can track your sleep hours and quality using the EVERLAST TR app on your mobile device

To track sleep data on your iOS or Android device –

1. From the ACTIVITY page, tap the sleep button at the bottom of the screen.
2. The SLEEP page displays sleep hours, sleep quality and sleep pattern viewed by sliding to left.
3. The Sleep time can run between 12:00 p.m. on the current day to 11:59 a.m. the next day, but will be listed as the current days sleep hours and quality.



Activity Alarm (Alarm is off by default)

From the ACTIVITY page press on the alarm button to reach the ALARM page. If you set the activity alarm to on, your tracker will vibrate if you haven't walked for 100 steps during the time and intervals you set from the application.

Clock Alarm (is off by default)

From the ALARM page if you want to set a clock alarm there are a total of five alarms that can be set on the app. You can set the alarms to work from Monday to Sunday, and the tracker will alarm or wake you up with quiet vibration.



How to share your data or progress and compete with others?

Tap Share in the main menu, and you can share your activity progress with your friends via Facebook, Twitter or Email. Please ensure that you have registered accounts to share via these social media.

Help Page

Tapping HELP from the main menu will provide Everlast™ and manufacturer information, or consult the included warranty for further assistance.



Memory

When you sync your Everlast™ Activity Tracker, your activity data is uploaded to your mobile device. Your Everlast™ Activity Tracker can hold data for up to 30 days of data without syncing. Your recorded data consists of steps taken, distance traveled, calories burned and sleep data. Sync your Everlast™ Activity Tracker regularly to have the data on your mobile device.

Specifications

- Bluetooth® Version: 4.0
- Dimension of the main device: 40mm x 14mm x 10mm
- Weight: 34 g (with bracelet and USB charging cable)
- OLED Touch Screen display
- Power Input: DC 5V
- Built-In Rechargeable Lithium Battery: 55mAh
- Charging Time: Up to 2 Hours

Care and Maintenance

Read the following recommendations before using the Everlast™ Activity Tracker Following these you will be able to enjoy the product for a long time.

- Do not expose the unit to liquid, moisture or humidity to avoid the product's internal circuit being affected.
- Don't use abrasive cleaning solvents to clean the unit.
- Do not expose the unit to extremely high or low temperature as this will shorten the life of electronic devices, destroy the battery or distort certain plastic parts.
- Don't dispose of the unit in fire as it will result in an explosion.
- Don't expose the unit to contact with sharp objects as this will cause scratches and damage.
- Don't let the unit fall down onto the floor. The internal circuit might get damaged.
- Don't attempt to disassemble the unit as it may get damaged if you are not professional.

In case the unit does not function properly, please contact the number shown on the Warranty Page for help.

FCC Compliance

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

MODIFICATION: Any changes or modifications not expressly approved by the grantee of this device could void the user's authority to operate the device.

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For further info visit www.xtremetime.com, call toll free 1(800) 540-2604, or email info@xtremetime.com

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