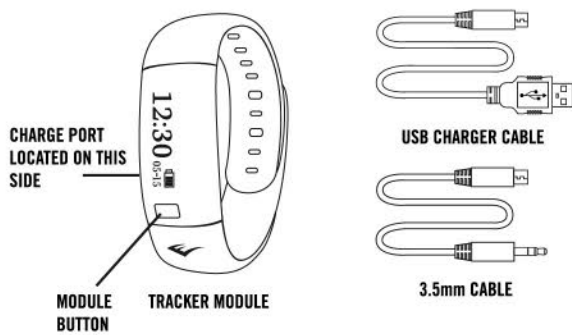


SIDE A

USER'S MANUAL



TR5 TRACKER MODULE



DOWNLOAD THE APP

Download the free Everlast™ app from the Apple Store or Google Play and install. Search for 'Everlast'. When you have located the app follow the on screen instructions to download and install. An internet/mobile internet connection is required. Some carriers may charge for data rates and downloading. Please contact your service provider for information.

CHARGE YOUR DEVICE

Use the supplied USB charging cable to charge the module and turn it on. A full charge may take up to 3 hours.

Note: For the first charge, please hold the module button for 5 seconds to turn on, the Everlast™ logo will appear. Once on, to turn the module off at any time hold the module button for 5 seconds until the Everlast™ logo appears again.

WIRELESS SYNCING TO THE APPLICATION

1. On your module you can reach the **Connection Mode** by double clicking the module button (the one button on the top of the module) consecutively until you see either screen below.



2. If your module screen is on Bluetooth (BT) mode, leave as is. If on 3.5mm cable mode, press the module button once to switch to BT mode.
 3. Open the Everlast™ app on your mobile device.
 4. The first screen you will see will be the **Connect** screen as shown on the next page.
 5. With the BT of your phone or device on, hit the giant sync button in the center of the screen and your module should automatically connect (this may take a few minutes, there will be a notification saying it was successful).
 6. After the module is synced to the app, your time display on the module will update the correct time and date based on your mobile device.

Note: If you don't want to sync to the app right away you can also hit skip first and move on to viewing the rest of the app, but your data from the module will not be visible.

WIRELESS SYNC COMPATIBLE WITH

iPhone4S/5/5S/5C, iPod touch5, iPad 4, iPad Mini, iPad Mini with Retina display, iPad Air, Samsung S3/S4/S5, Note 2, Note 3, HTC One, and other Android 4.3+ devices.

SYNCING DEVICES VIA 3.5mm CABLE

Most Android devices with below 4.3 operating system should be able to connect to modules using the 3.5mm cable included with your device.

1. On your module you can reach the **Connection Mode** by double clicking the module button consecutively until you see either screen below
2. If your module screen already shows the 3.5mm cable symbol do not press anything. If your screen shows the wireless BT screen press the module button once to show the 3.5mm cable symbol.
3. Connect your module to your Android device using the 3.5mm cable
4. Open the Everlast™ application on your mobile device.
5. The first screen you will see will be the **Connect** screen as shown below.
6. Your module should automatically sync to the app with no buttons pressed. It may take a few minutes to fully sync and the app will tell you once complete.
7. After the module is synced to the app, your time display on the module will update the correct time and date based on your mobile device.
8. You can now press the skip button on the app to move forward.



Page 1

Page 2

SETTING UP YOUR APPLICATION PROFILE

After going through the initial connect page the app will take you directly to the **My Profile** page shown in the images below. Here is where you can set up the following:

Enter your name

Choose your language preference for the application (current app is set to English, more languages will be available in future updates).

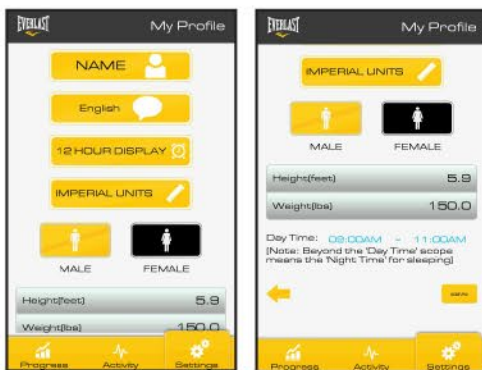
Set the time display on your module to show 12h or 24h (Once synced, your module will automatically know the time and date from your adjusted app settings).

Set your units of measurement to metric or imperial (standard).

Set whether you are male or female.

Input your height and weight for proper distance and calorie calculations.

Note: Once all of your profile is complete make sure to save for all changes to take effect.



MY PROFILE MENU

Page 3

ADDITIONAL APPLICATION SETTINGS

Once your main profile is set up and saved you will be brought to the **Workout Goal** page. Here you can set all your daily goals and hit save.

Next you will be in the **Alarm** page where you can set daily alarm times. The alarm will make your module vibrate at the corresponding time until you hit the module button. The monitoring period can be set to make your module vibrate based on your sleep quality during the time it is set to (for sleep mode on module see page 6). Make sure to hit save at the bottom of the **Alarm** page once you have the alarm set.

Additional Settings pages include the **About Us** tab. **About Us** includes information about the app. You can hit the arrow at the bottom of the **About Us** menu to go to the main **Settings** menu.

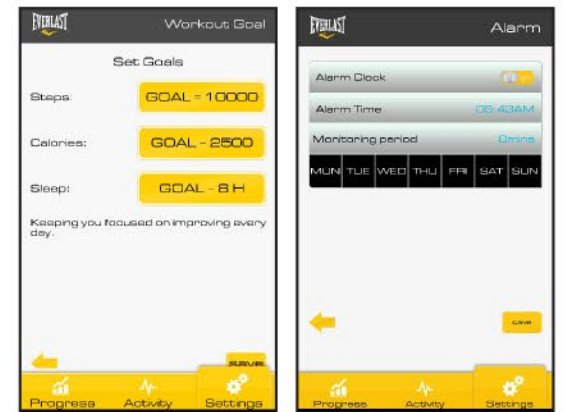
Going forward any time you want to see any settings for the **My Profile**, **Workout Goal**, **Alarm**, or **About Us** pages you can access them by hitting the **Settings** menu tab at the bottom of the app screen and touching the corresponding tab in the **Settings** menu.

At the bottom of the **Settings** menu you can sync your module and app with your latest activity data using Bluetooth. Simply hit the sync button to do so. Syncing requires Bluetooth to be enabled on both your device and module unless you are using an older Android phone and the 3.5mm cord. If using the 3.5mm cord make sure your module is set to accept the 3.5mm cord on the module **Connect** screen and plug both your module and phone or tablet together with the cord; they should automatically sync.

The padlock button at the bottom of the **Settings** menu becomes locked after you sync to a device for the first time. Pressing the locked padlock allows you to unbind your current tracker module if you purchase a new or replacement module in the future. Simply confirm the unbinding and you can sync to a new module without losing your latest fitness data on the app.

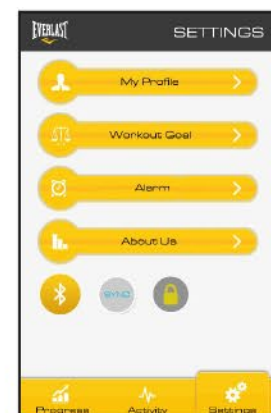
Note: Syncing is not automatic, in the **Settings** menu you must hit the sync button in order to update your data using Bluetooth or the 3.5mm cord.

Page 4



WORKOUT GOAL

ALARM




SETTINGS MENU


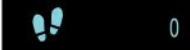



Page 5

SIDE B

TRACKING ACTIVITY ON THE MODULE


Activity Mode is activated by double clicking the module button consecutively until you reach the  symbol.

Once the symbol above appears, you can scroll through the below activity tracking displays with single clicks of the module button:

	12:36 P 07-14	Time / date / battery life
	0	Steps Taken, either from walking or running.
	0.00	Approximate distance in km or miles (unit set through app) calculated from height and amount of steps taken.
	0	Calories burned, approximated from daily movements
	0%	Percentage of Daily goals achieved based on the goals set within the application (includes step goal, calories goal, and hours of sleep goal).

NOTE: Module activity data for steps, distance, calories, and goal percentage will reset to zero at midnight. The module can hold up to 72 hours of activity data (even if not displayed during the current day). Please make sure to sync to the app to store data within 72 hours.

TRACKING SLEEP ON THE MODULE

Sleep Mode is activated by double clicking the module button consecutively until you reach the  symbol.

Once the symbol above appears the module will start tracking quality of your sleep. At any time you can view the time/date/battery life screen by hitting the module button once.

The module will automatically switch over to **Activity Mode** once you are walking around for over 15 minutes, or if you double click the module button until you are back in **Activity Mode**.

Page 6

TRACKING ACTIVITY ON APP

Now that your settings are personalized in the app and module, when you sync data you will be able to view your activity in the app.

After syncing your latest data, hit the **Activity** tab at the bottom of your app screen.

In the **Activity** menu you can view fitness data (by individual day) broken up by calories, steps, and sleep. Each sub-section will show broken down data as per below examples and the white bar going around the yellow data circles (roundels) will visually display the percentage you have reached of your daily goals from your personal settings.

There are also data graphs at the bottom of the screen showing a visual line of daily progress in each sub-section.

At the top right of the screen you can scroll through your data for different days by pressing the side arrows surrounding the current date.



ACTIVITY - CALORIES

ACTIVITY - STEPS

ACTIVITY - SLEEP

Page 7

TRACKING PROGRESS ON THE APPLICATION

Within the app, hitting the **Progress** tab at the bottom of your screen will take you to the **Progress** menu where you can view your calories, steps, and sleep on a daily, weekly, monthly, or year long scale. As with the **Activity** menu, there are also graphs if you scroll down which serve as additional visual aids to view progress over time.

Within the **Progress** menu, if you click on any of the yellow circles (roundels) they will take you to the current daily page in the **Activity** menu for that particular sub-section (as an example: touching the roundel showing calories burned within a **Progress** menu page will take you to the **Activity** menu page for calories burned on the current day).



PROGRESS MENU

Page 8

TROUBLESHOOTING

THE DEVICE WILL NOT SYNC:

If using wireless, ensure that the Bluetooth is activated on both devices and is within a 3m range with a clear line of sight. Ensure that the device is Bluetooth enabled with Bluetooth v. 4.0. Ensure that there is a minimum distance of 5m between the module and other Bluetooth enabled devices to avoid syncing the wrong device. If syncing with the 3.5mm cord, ensure that the 3.5mm cable is correctly inserted and not damaged.

TODAY'S TOTALS ARE SHOWN AS ZERO:

The device will automatically reset the totals after midnight and store the previous day's data for syncing.

THE DEVICE WILL NOT START:

Hold down the module button until the device vibrates (approximately 5 seconds). Charge the device fully and try again.

IS THE DEVICE WATERPROOF:

No. The device is splash resistant, it can be used in some light rain or adverse weather; however prolonged use in these conditions or any direct exposure to water or liquid will damage the device.

MY GOALS AND SETTINGS ARE NOT WORKING:

Remember to press save before leaving the relevant page in the application. Make sure to sync the module to transfer the new information.

DATA SHOWN ON THE APPLICATION IS DIFFERENT THAN

DATA SHOWN ON THE MODULE:

Frequent syncing throughout the day can cause some data to be missed during transfer. The data is not lost. Aim to sync once a day.

CARE AND MAINTENANCE

Wipe the exterior surface of the module clean with a soft, damp cloth and allow to dry thoroughly. Do not use abrasive cleaning solvents to clean the module. Do not immerse the module in water or any other liquid. Do not expose the module to liquid, moisture or humidity to avoid the module's internal circuits being affected. Do not drop the module as the internal circuits may become damaged. Do not expose the module to extremely high or low temperatures as this will shorten the lifespan, destroy the battery or distort certain plastic parts. Do not dispose of the module in a fire, as it will result in an explosion. Do not expose the module to sharp objects, as they may cause scratches and damage. Do not attempt to disassemble the module, as this may cause damage.

ATTENTION



Do not drop or impact the bracelet with hard objects, it may scratch the surface of the bracelet or cause date loss and other hardware damage.

Please don't try to dismantle or re-mold the bracelet, this may cause problems or effect product quality assurance. Please don't use chemical agents or cleaning reagents to wash the bracelet, they will damage the surface and corrode the paint. Do not use the high voltage power cords or squeeze the power line with heavy weights as this may cause a fire.

Do not expose the equipment to a humid environment or put it in water, it may cause serious problems or make the bracelet unrepairable.

The battery is non-removable, please do not attempt to remove it.

BATTERY

This module uses a built in non-removable lithium battery, when  appears, it means the power is full. When  appears it means the surplus electricity is insufficient, you need to charge the module. Allow up to 3 hours for a full charge.

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