



Wireless Activity Tracker with Touch Screen OLED display



INSTRUCTION MANUAL  
PLEASE READ ALL INSTRUCTIONS CAREFULLY AND RETAIN FOR FUTURE USE

Getting Started

- Remove the device from the box.
- Remove any packaging from the product.
- Please retain all packaging until you have checked and counted all the parts and the contents against the parts list.

Package Contents

- Wireless Activity Tracker
- USB charger
- Instruction Manual

Key Features

- Bluetooth® Low Energy (BLE ) 4.0
- Digitally Track steps, calories burned, sleep quality, activity time and daily goal % with simple one touch
- Sync Wirelessly via Bluetooth to your BLE 4.0 smartphone
- Shows time and date
- View your data on app to monitor your progress & set goals
- Clock Alarm and Activity Alarm with quiet vibration
- App available in Apple APP store and Google Play Store
- Waterproof compact design

How to get started

Step 1 – Activating the device

To save the battery, EVERLAST Wireless Activity Tracker arrives to you in hibernation mode.

For first use, you need to connect the device with USB charger to your computer to activate the device. A progress bar will run from empty to full, indicating activation as below.



Note: Your device may not arrive fully charged. You're recommended to charge your device fully before its first use.

It takes about 2-3 hours to fully recharge the device and works for 4-5 days, but actual battery life varies based on individual handling. Even if the Tracker is not in use, please charge the battery at least once a month to prolong battery life.

Step 2 – Install APP on your Smartphone

For Smartphone users, search EVERLAST TR from Google Play and Apple APP Store to download the application.



Step 3 – Pairing & Setting up personal information

Mobile device requirements  
You can setup and sync your Wireless Activity Tracker using mobile devices that support Bluetooth 4.0 technology.

Supported iOS Devices –  
iPhone 4S  
iPhone 5, 5s, 5C, 6, 6 Plus  
iPod Touch (5th Generation)  
iPad 3, iPad 4, iPad Air  
iPad Mini

Supported Android Devices –  
Samsung Galaxy S3, S4, S5  
Samsung Galaxy Note III,  
Nexus 4 and 5  
Nexus 7 (2013)

Note: Please ensure that your IOS OS is version 7.0 and Android OS is version 4.3 or above and the device has Bluetooth 4.0 . And when you use iPad to search app, please ensure that the for iPhone use box is ticked in the searching condition.

Device Setup using mobile device – iOS & Android



Unlike most Bluetooth accessories like headsets or speakers, your Bluetooth Activity Tracker must be paired directly through Everlast app, and not through the “settings” icon on your mobile device, but please ensure your smartphone Bluetooth is On.

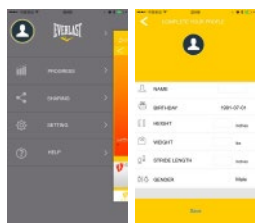
Wireless Activity Tracker is always on Bluetooth pairing mode by default.

For First time pairing and setting up your device, follow below steps

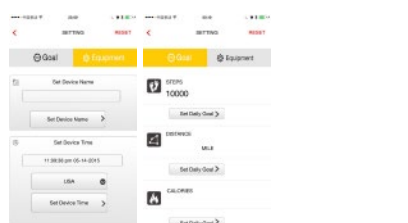
- Open the app and select model EVWTR002 to pair with your device in the Bluetooth search list.



- After Bluetooth is connected and you are in ACTIVITY page, slide your app from the left to the right to open the MENU page, and you can click head portrait to complete your profile.



- Access Setting page, you can set your device name and device time in USA or Euro/Asia format, the metric and imperial unit will be switched accordingly. Tap on Goal in Setting page and you can set your daily goal for steps, calories burned and distance separately.



- Tap on Reset and this would erase all data in the device, and device will return to factory setting / hibernation mode

Step 4 – Tracking activity

Your device tracks –  
Steps Taken  
Calories Burned  
Distance traveled  
Activity Time  
Hours slept  
Sleep Pattern  
Clock Alarm  
Activity Alarm

Display modes on your Activity Tracker

To scroll through the screens, simply tap the screen once

Display

Your EVERLAST Wireless Activity Tracker has a touch screen. You can browse the display by tapping the screen continuously.



To conserve battery, the display turns off when the device is not in use for 10 seconds. To activate the screen, short tap it.

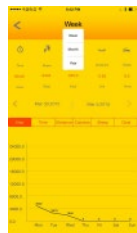
Tracking activity on your mobile device

Tap the orange part on the Menu to access Activity page, Click the Start button to detect your real time activity like steps, calories burned, distance walked, activity time and daily goal. Click Stop button and you can view your historical activity data via date switch. If you connected this device before, or bluetooth is disconnected, just click Bluetooth icon on the right top, you can pair with the device right away.



To view weekly, monthly or yearly progress on your iOS or Android device –

- Tap the “Progress” button in the menu.
- Click week and check your activity progress weekly, monthly or yearly



Tracking Sleep with EVERLAST Wireless Activity Tracker

Your device can track the hours you slept and your sleep pattern. Long press the screen for 3 seconds to display activity-to-sleep icon and short press to confirm sleep mode. If no operation occurs within 2 seconds, the display will stay in activity mode.



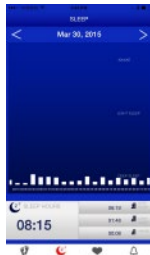
When you wake up, you can long press the screen for 3 seconds to display the sleep-to-activity icon and return to activity mode.

Tracking sleep on your mobile device

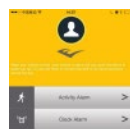
You can track your sleep using the EVERLAST app on your mobile device

To track sleep on your iOS or Android device –

- Tap the “Sleep” menu
- The screen displays Sleep Hours, Sleep Quality and Sleep Pattern.



Alarm



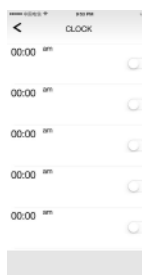
Activity Alarm (Alarm is off by default)

If you set this alarm, it will remind you to do more exercises if you don't walk for 100 steps during the set time and interval.



Clock Alarm ( Alarm is off by default).

A Total of five alarms can be set on the app, and you can set it from Monday to Sunday. It will alarm or wake you up with a quiet vibration.



How to share your data or progress and compete with others

Tap Share in the MENU, and you can share activity with your friends by Facebook, Twitter or Email. Please ensure that you have your account registered before you share it.



Warranty Page



Memory

When you sync your EVERLAST Wireless Activity Tracker , your activity data is uploaded to your mobile device. Your EVERLAST Wireless Activity Tracker can hold data for up to 30 days.

Your recorded data consists of steps taken, distance traveled, calories burned and sleep data. Sync your EVERLAST Wireless Activity Tracker regularly to have the data on your mobile device.

Specifications

Bluetooth® Version: 4.0  
Wireless Distance: In an open area 7 - 10 meters  
Size: 41 x 17 x 11.4 mm

Weight: 7g  
Battery: Rechargeable Lithium Polymer Battery  
Power Input: DC 5V  
Built-In Rechargeable Battery: 55 mAh  
Built-in 3.7V rechargeable Li-ion battery  
Charging Time: Up to 2-3 Hours

Care and maintenance

Read the following recommendations before using the EVERLAST Wireless Activity Tracker

Follow these and you will be able to enjoy the product for a long time.

- Do not expose the unit to liquid, moisture or humidity to avoid the product's internal circuit being affected.
- Don't use abrasive cleaning solvents to clean the unit.
- Do not expose the unit to extremely high or low temperature as this will shorten the life of electronic devices, destroy the battery or distort certain plastic parts.
- Don't dispose of the unit in fire as it will result in an explosion.
- Don't expose the unit to contact with sharp objects as this will cause scratches and damage.
- Don't let the unit fall down onto the floor. The internal circuit might get damaged.
- Don't attempt to disassemble the unit as it may get damaged if you are not professional.

In case the unit does not function properly, please contact the number shown on the Warranty Page for help.

FAQ's

What does EVERLAST Wireless Activity Tracker track?

Your EVERLAST Wireless Activity Tracker tracks steps taken, distance travelled, calories burned, activity time, sleep hours, sleep quality, and set activity and clock alarm

Can I use EVERLAST Wireless Activity Tracker as a watch?

Yes, you can use EVERLAST Wireless Activity Tracker as a watch. It not only tracks your fitness activities, it also serves as a watch. Short tap the display to see the time.

Can I wear EVERLAST Wireless Activity Tracker while swimming?

Your EVERLAST Wireless Activity Tracker is waterproof IP67 level, but can not be taken for swimming.

What mobile devices are compatible with EVERLAST Wireless Activity Tracker ?

You can setup and sync your EVERLAST Wireless Activity Tracker using smartphone that support Bluetooth 4.0 technology.

Supported iOS Devices –  
iPhone 4S  
iPhone 5, 5s, 5C, 6, 6 Plus

Supported Android Devices –  
Samsung Galaxy S3, S3 Mini, S4, S4 Mini, S4 Active  
Samsung Galaxy Note III,  
Nexus 4 and 5

Note: Please ensure that your Android OS is version 4.3 or above and the device has Bluetooth 4.0

How do I get the EVERLAST Wireless Activity Tracker APP for iOS on my iPad?

When searching for the EVERLAST Wireless Activity Tracker APP in the APP Store, select “iPhone only” otherwise the app will not appear in search results.

How does the EVERLAST Wireless Activity Tracker track my sleep?

The motion sensor on your tracker analyzes your movement patterns to determine your sleep quality. This data is then used to display sleep pattern and quality.

How long does the battery last?

A fully charged battery lasts 4 to 5 days. The battery icon on the screen display indicates the battery strength. When you notice battery power is low, you need to charge your device. It takes about 2 - 3 hours to fully recharge the device.

How do I set a goal with EVERLAST Wireless Activity Tracker?

Get motivated by setting daily goal and monitoring the progress throughout the day. When you reach your goal, the screen will display 100% indicating with slight vibration that you've achieved your goal. You can set goals for any of the following:

Steps Taken  
Distance Traveled  
Calories Burned

Setting a goal:

- Open EVERLAST APP on your mobile device
- Slide to MENU page and choose Settings - Goal
- Under Goal, make your choice, enter the goal value and press Set Daily Goal, and your goal will be set accordingly.

Note: By default, the device has been set with daily goal of 10,000steps.

How do I Sync data from my tracker to my mobile device?

Your EVERLAST Wireless Activity Tracker uses Bluetooth Low Energy 4.0 technology to sync data with your mobile device.

How to sync data –

- Open EVERLAST APP on your mobile device
- Pair EVWTR002 device with your mobile and will pop up data sync request, press Yes, and your data will be synced to your mobile device.

You would now see the historical data in your mobile app. Note: You are able to sync only one tracker's information on your mobile device. If you have more than one tracker and try to sync, the latest tracking information from your tracker will be synced. Your old data will be erased.

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For Technical Support please email info@xtremetime.com or call toll free at 1-800-540-2604